

## Creativity and Dementia

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#### Abstract

Statement of the Problem:

Persons with dementia are typically viewed through the lens of their deficits, instead of their remaining skills, strengths and abilities. The care provided for persons with dementia is often based on what the person cannot do, instead of considering the basic human needs of the individual and how to best promote autonomy and encourage creative expression. This interactive workshop will include experiencing a 29-minute documentary, *From the Valley of the Heart*, which shows how a multi-disciplinary arts project utilized Shakespeare, poetry and music to stimulate creativity, spirit and memory for persons living with dementia. Workshop participants will experiment with tools and techniques that can help mine and promote the interests, strengths and spirit of persons with dementia.

#### Biography

Marysue Moses became Dimensions Program Coordinator for Ebenezer in March of 2015, after 12 years of direct dementia care experience, mostly in the realm of activities. She earned a Masters in Gerontology from Bethel University. At Ebenezer she delivers hands-on training at all Ebenezer sites, manages initiatives and promotes creative arts engagement. She was honored to be named to LeadingAge Minnesota's list of "50 for the Next 50", which recognizes innovative and influential leaders in older adult services. Recently, she was honored to be among the nominees for the Kal Michels Outstanding Leadership Award, Leading Age Minnesota.

#### Publication

1. Moses, Marysue (2008) Volunteerism and Older Adults: Serving a Memory Care Community, Masters Project, Gerontology, Bethel University. <https://www.ebenzercares.org/marysues-blog>
2. Focusing on Strengths versus Fears, 10/31/2019 <https://www.ebenzercares.org/marysues-blog>
3. Stages of Dementia, 7/25/2019 = <https://www.ebenzercares.org/marysues-blog>
4. Dementia and Spirituality Matters, 12/20/2018 <https://www.ebenzercares.org/marysues-blog>
5. Who Says Dreams Don't Come True? 11/6/2018



[11<sup>th</sup> International Conference on Dementia and Dementia Care](#) | Paris, France | February 19-20, 2020

**Citation:** Marysue Moses, Creativity and Dementia, *Dementia Care 2020: 11th International Conference on Dementia and Dementia Care*, Paris, 19-20 February 2020, pp. 15